

A fluffy white dog, possibly a Golden Retriever puppy, is sitting on a white surface. To its right is a classic red rotary telephone. The dog's head is turned slightly to the left, and its eyes are partially closed. The background is plain white.

THE 10 MOST COMMON THINGS ANIMALS SAY

to an Animal
Communicator

DAGMAR KLINGENBOECK

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Check out the 10 most common things that animals convey to professional animal communicator Dagmar Klingenboeck.

1 Just "be" with me

Animals love to just "be" with us, enjoying the peace and quiet without saying or doing anything. It doesn't matter if they are animals in training, our daily companions or chickens in the backyard. If you have limited time to spend with them, rather than rushing to get your horse worked or your dog exercised, use the time to just "be" with them. Take your horse for a walk, just sit with them in the paddock or enjoy the time with your cat or dog being quiet and present. Let your thoughts run free but focus on your companion (think how much you love them or how much you enjoy spending time with them).



*Breathe deeply
and enjoy the time
with your pet*

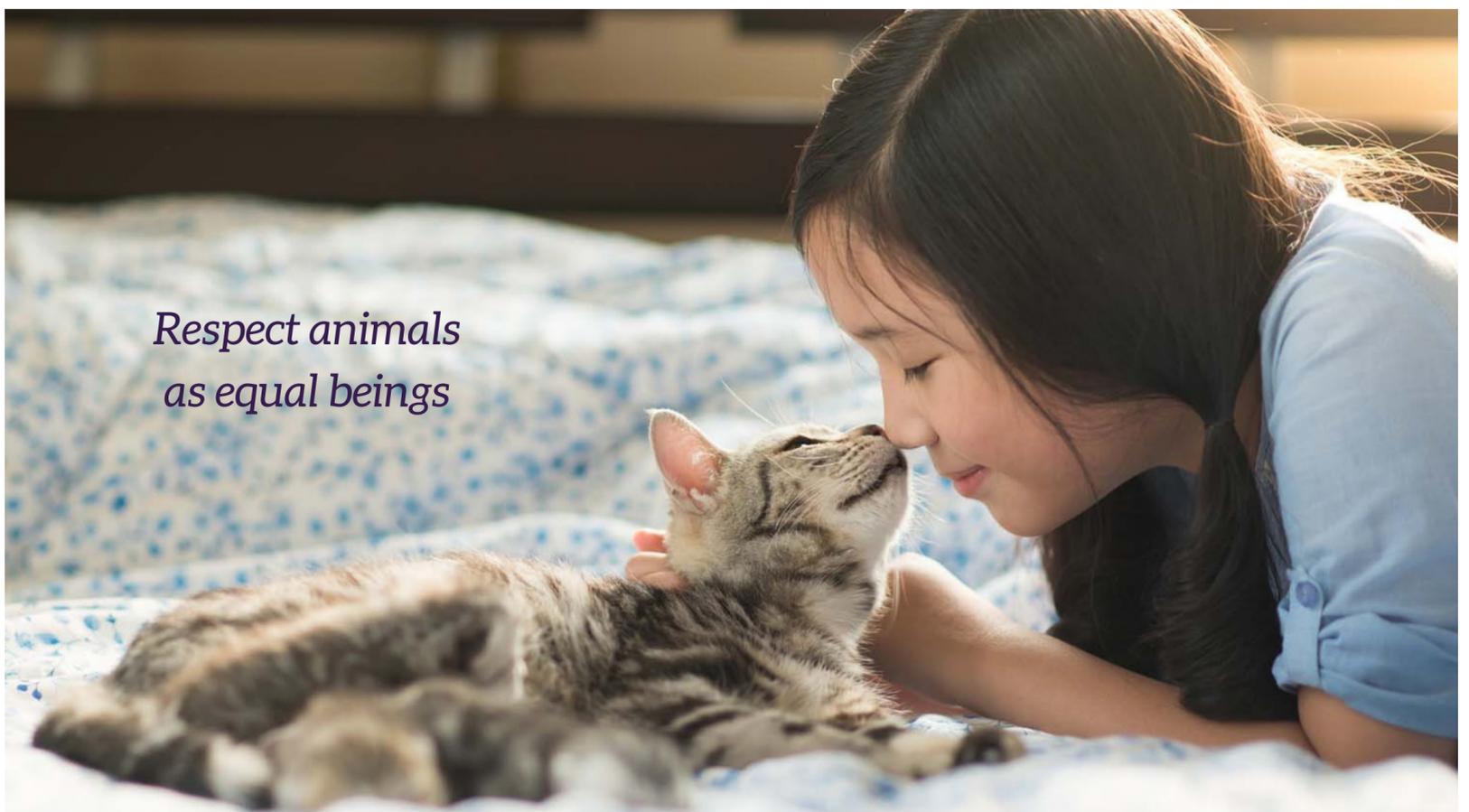
2 You need to trust me so I can trust you

Animals feel it if you are not sure and if you don't trust them in a situation, whether they have let you down previously or you just don't think they will be behaving as required. How can we expect our animals to trust us if we don't trust them? They can feel our hesitation and if you meet your companion with mistrust, they will give you the same in return. Take a step back, start small and show them that you do trust them. They will reward you with trusting you in return.

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3 I would like to be treated with respect

Like any being, animals don't like it when you talk to them as if they are stupid and don't understand. Respect animals as equal beings. See them for what they are and admire their qualities. Don't look down on them thinking they are less intelligent or worth less. Allow them to have their own view of things and ask them for their opinion. Do you ask your companion politely if you want them to do something? Do you give them time to react? If you treat them with respect, they will show you respect in return.



4 I don't understand what you are asking

Often animals don't do as we ask them to, because they simply don't understand. If your companion is not doing what you ask from them, take a step back and ask yourself why or what it could be that they haven't understood. Maybe you need a different approach? Maybe they need a bit more time to process it? Find out what it really is that stops them to do their best. Once the barriers have been removed they will happily follow your instructions.

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5 I can't do what you ask me to, due to physical issues or fear

Most animals love to have a partnership and work with us. It is rare that they don't do things because they don't want to. Most animals are happy to give their best, they love to exercise and they are eager to learn. Either physical or mental issues can stop them from excelling so you need to find out what it is, that is blocking them. Is it a physical pain or an anxiety/fear? Once the cause has been found, you can either make them feel better physically (by taking them to a vet, chiropractor, etc) or do some exercises and training to help them overcome their fears.

6 I am in pain

Animals can tell exactly where it hurts, how much it hurts and what we can do to make them feel better. Often they point to an area already known to us but even if they have an injury in one area, the pain can be somewhere else due to the way they are compensating, or they can show lameness in one area even though the problem is somewhere else. For example, they might have an injury in their left front leg but they are putting a lot of pressure on their right back leg because they are moving incorrectly, and

therefore that side is more painful than the actual injury.

On the other hand, lameness shown in the left front leg could come from an injury they have in their right back leg. In both cases both areas need to be treated.



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7 I don't know where you are going or where you are taking me

Animals worry when they get left behind and can get anxious when we take them somewhere. You can easily help your companions with their anxiety by explaining to them what you have in mind. Use this simple guide when you go away:

Explain where you are going, why they can't accompany you and when you will be returning. Give them a task while you are away (e.g. ask your dog to protect your home from any intruders or your cat to keep mice out of the house while you are not here). Try to use positive reinforcement rather than telling them what you don't want them to do.

When taking your companions somewhere, especially horses, explain to them where you are taking them, what they will be doing and when they will return. Animals who have lived in different homes worry about not coming back because they are happy in their home.

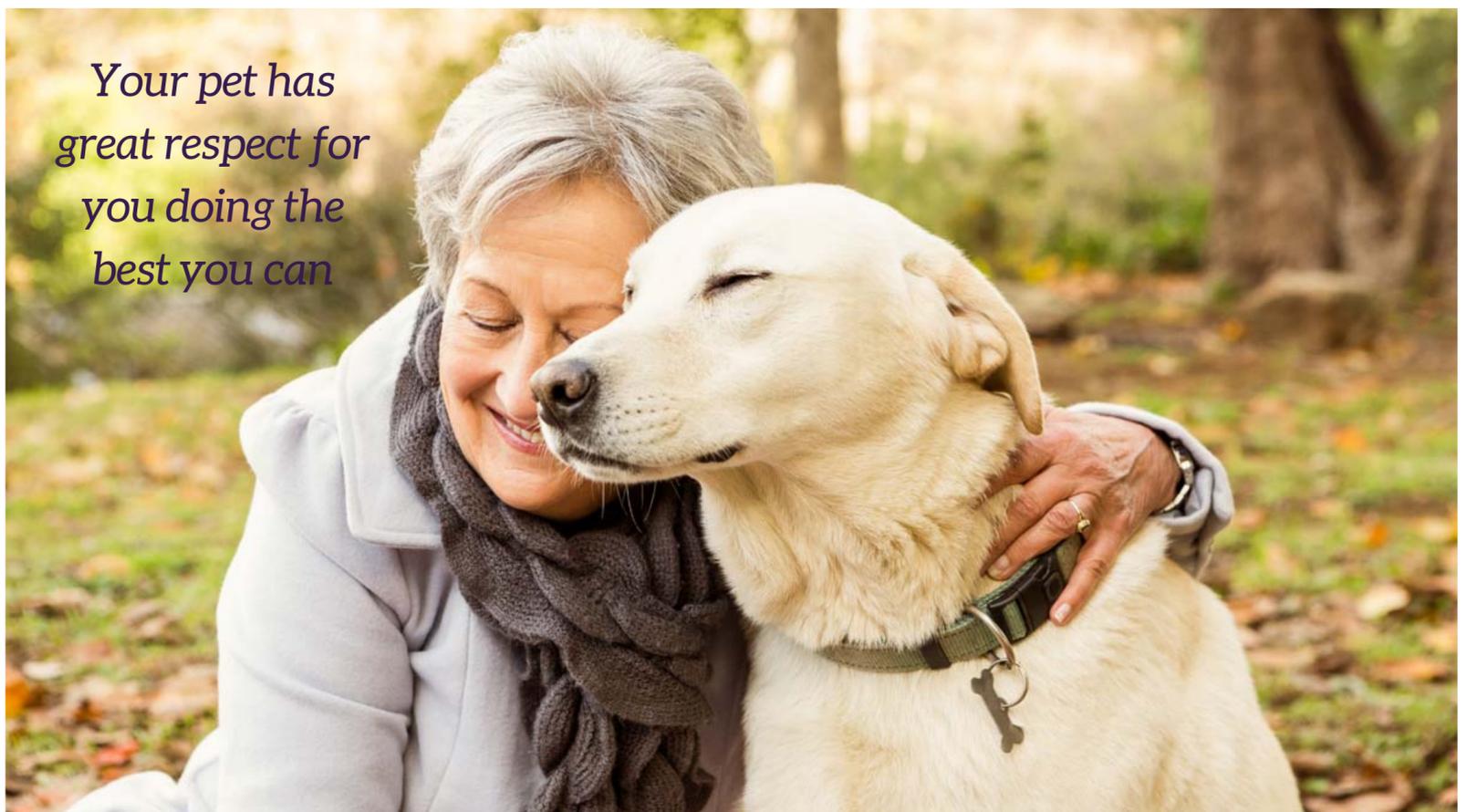
When talking to your animals you can either talk out loud or just "think" what you want to tell them. Even if you don't get any obvious messages back from them, they do understand you. Knowing what you are doing with them leads to a lot less stress for your animals and therefore for yourself.



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8 Don't worry about me, I am fine

Rugs on, rugs off, which toys, is he happy on his own? Little things like that are constantly on our mind. We only want the best for our companions. Sometimes we do make the wrong decision but as long as we act to the best of our knowledge they know that we are not doing anything on purpose to harm them or to upset them. Often the things that worry us are not of great concern for them. Constantly worrying about things doesn't change the situation but our companions do feel our stress and our worry which can make the situation worse. Find out through a reading how your companion feels and what you can do to make them more comfortable to set your mind at ease. Remember that they have great respect for you doing the best you can to keep them well and happy.



9 Listen to your intuition

Often we just "know" something about our animal companion but other people, books or the internet tell us differently. Every animal is different and you know your companion best. Listen to your "gut feeling", even if this might not be what everyone else tells you to do. If you are unsure a reading with your companion can bring clarity.

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10 I like playing

Most animals like to play. It adds joy to their life, releases stress, connects them to others and the world around them and it is a great way of learning. Every animal is different and has its own unique way of doing things, including playing. Playing with your animals doesn't mean that you tell them where to go and what to do. Playing means that they have the freedom to make choices and it might not always be your choice. They might love to play with you or they might prefer to play on their own or with other animals. Let them have a choice. A "game" where we control every one of their steps is not a "game" to them. A game is freedom of choice. A game is fun for them.

About Dagmar

Animals have always been Dagmar's most important companions since she was a little girl. When she needed comforting she turned to them and they always seemed to understand her and she understood them. To improve her skills and to gain a deeper understanding between animals and humans led Dagmar to study to become a professional animal communicator.

"My mission as an animal communicator fulfills me with a lot of love and satisfaction. I have been able to help a lot of animals and owners with their problems and it is a great pleasure to see how the quality of life improves for my clients and their animals."



Animal Communication is a wonderful way to gain a deeper understanding of your animal.

Dagmar offers private readings, workshops and much more. All she requires for a reading is a photo of your animal . For more information visit:

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